

# FAMILY CAMINO CONTRACT



Official Reconnection Pact for the Camino de Santiago

Document to print, sign, and carry in your backpack

## PREAMBLE

**We, the family signing below**, acknowledge that in today's world, technology, while useful, has created barriers in our family communication. Therefore, we decide to undertake the Camino de Santiago together as a **reconnection adventure**, where digital will give way to human, virtual to real, and screens to shared gazes.


*"This is not just a trip; it's an expedition and family adventure."*

## PACT ARTICLES (NON-NEGOTIABLE)

### **Article 1: Digital Silence During Walking Hours**


Mobile phones will remain **TURNED OFF and stored** deep inside the backpack during walking hours. They may only be turned on at the end of the day at the accommodation, for two specific tasks:

- **1.** Transfer to the notebook the details of friends made during the day.
- **2.** Take ONE single photograph that represents the essence of the day.

 **Why:** Because we want to hear the rustle of leaves, not notifications.

### **Article 2: Total Headphone Ban**

No family member will use headphones during the Camino. This is for **safety** (to hear bicycles, cars, or warnings) and for **experience** (the Camino's soundtrack is unique).

 **Important:** Music, if desired, will be listened to on a small shared speaker, with low volume and respecting other pilgrims.

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## Article 3: The Notebook as Official Diary

Each member will carry their own notebook and pen. In it they will record:

- Observations of landscape, interesting animals, or people.
- Inspirational phrases or thoughts that arise along the way.
- Names, countries, and an interesting fact about each new pilgrim friend.
- The personal "achievement of the day" (overcoming a hill, helping someone, etc.).

## Article 4: Respect for Pace and Companionship

We commit to:

- Walk as a team, respecting the pace of the slowest.
- Wait at all important crossings and forks.
- Share at least one main meal together each day.
- Allow comfortable silences without pressure to constantly talk.

## ESSENTIAL PACKING CHECKLIST

Check each item before leaving home:

Comfortable backpack (max. 10% body weight for children)

ALREADY BROKEN-IN footwear and technical socks

Light rain jacket and fleece liner

Water bottle or canteen (minimum 1L)

Sunscreen and hat/cap

First aid kit: band-aids, vaseline, pain reliever

Pilgrim's Credential and documentation

This contract and pens

**BACKPACK TRANSPORT SERVICE CONTRACTED (if necessary)**

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## Family Commitment Signatures

### COMMITMENT SIGNATURES

By signing this document, each member commits to fully respect the articles of the pact.

<b>Pilgrim 1</b> Name: _____	<b>Pilgrim 2</b> Name: _____
Signature _____	Signature _____
<b>Pilgrim 3</b> Name: _____	<b>Pilgrim 4</b> Name: _____
Signature _____	Signature _____

Commitment date: \_\_\_\_\_

### COMMITMENT CELEBRATION

Upon presenting this contract **PROPERLY SIGNED AND CHECKED** at:

**HAMBURGUESERÍA SEÑARÍS**  
**Av. Quiroga Palacios, 5 - Santiago de Compostela**

Each child will receive their "**Junior Pilgrim Menu**" and teens/adults their "**hot coffee**" as a celebration of completing the family adventure.

*"It's not a reward; it's the celebration of your shared story."*

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## Contact and Final Recommendations

### ROUTE SUPPORT CONTACT

If during the Camino problems arise and you don't see a solution, call us and we'll do our best to help you.

 **Phone: 881 08 25 71**

(Antonio or Susana – Hamburguesería Señorís)

**Remember:** You are not alone. From Santiago, we follow your steps and celebrate every kilometer that strengthens you as a family.

### CAMINO TIPS

- Start each day with a positive purpose
- Respect each family member's pace
- Celebrate small daily achievements
- Enjoy the silence and nature
- Encourage other pilgrims along the way
- Keep the notebook always at hand
- Hydrate and rest when necessary

## HAMBURGUESERÍA SEÑARÍS

Guide created from the real experience of Manuel and Antonio  
Santiago de Compostela, 2026

**Final advice:** Keep this document in a plastic sleeve inside your backpack. It will be your physical reminder of the commitment and your ticket for the final celebration. ¡Buen Camino!